



31st Winter Series

The Coolest Race in Town!



2010 - January 9th and 23rd, February 13th and 27th; March 6th Awards Dinner

The series consists of four progressively longer (LONG AND SHORT) races. Choose your distance when you start the race (Short races start at 10AM, Long races start at 10:15AM). Courses are gravel/paved roads, packed double-track, and some single-track trails, which may or may not be snow-packed, icy, muddy, rocky, and/or slushy. Altitude varies from 6,000' to 7,500'. Temps range from 50° to -25°. Races cancelled in extremely bad weather. NO REFUNDS.

No dogs, baby-joggers or headphones are allowed in Winter Series races. Course conditions and safety are primary concerns.

Parking at some venues will be at a premium. Entry into Cheyenne Mountain State Park for Race #1 will be included in your entry fee, but PLEASE CARPOOL! Park officials will cut off entry once all parking spaces are exhausted. If you have a State Parks Pass, please present it upon entry for Race #1 as PPRR will receive a credit.

The courses close at 1:15pm. At that time, remaining runners will be picked up. Contact the Race Director if you want to start before the stated time. Your time will be unofficial and will not be part of awards recognition. Participants must complete one full series entirely to be considered for any awards.

By signing up for the series in full by the 2nd event, or by volunteering, you will receive a Winter Series "Double-Double": two pairs of warm, 'woolie' running socks and two pint glasses from which you can consume your favorite recovery drink. Both items will display the Winter Series 2010 logo so you can prove to your running buddies how tough you are.

#1 January 9, 2010 – New Location!

Cheyenne Mountain State Park 5K (Short Series) or 6.7M (Long Series)

From I-25 / S. Nevada [Downtown Colorado Springs], take Nevada / Hwy 115 South toward Canon City. Continue south past Academy/Hwy 83. The park entrance will be on the right (west) side of Hwy 115, directly across from the main gate to Fort Carson (traffic signal). Arrive early and **please carpool**. There will be no race parking at the Visitor's Center. Please continue past the entrance station and turn left into the main parking lot at the finish area. Registration is inside the Visitor's Center which is a 1/4M walk from the main parking area. Race start is in the Visitor's Center parking lot.

#2 January 23, 2010 – The Speedy Course

El Pomar Youth Sports Center 4M (Short Series) or 8M (Long Series)

Interstate 25 -Exit 138 (Circle Drive). Travel east 4 blocks to Janitell Road South (McDonald's). Turn right (south) and go 3 blocks and turn left (east) onto Executive Drive. East, then south for 2 blocks to the entrance of the Sports Center. Lots of parking available. Staging area is Sports Building

#3 February 13, 2010 – The Wind Tunnel

Baptist Road Trailhead-Santa Fe Trail 5M (Short Series) or 10M (Long Series)

Interstate 25 to Exit 158 (Baptist Road). West at stop sign for .3M. Staging area is the main parking lot at the trailhead. The race start is just south of Baptist Road on Santa Fe Trail.

#4 February 27, 2010 – Harry's Valley of the Dogs

Wolford Elementary - Black Forest 10K (Short Series) or 20K (Long Series)

Interstate 25 -Exit 153 (Interquest Parkway). Drive 2M east and north to Shoup Road. Turn right (east) onto Shoup Road for 4.2M to stoplight. Turn left (north) onto Black Forest Road for 1.6M. Traffic control will direct to the parking areas. Staging area is at the front of the school.

#5 March 6, 2010 – Awards Dinner

Downtown YMCA – Multipurpose Room

Awards, fun, and you get to see all your running friends in their street clothes.
5:30pm – 9:00pm. Catered dinner.

More information to come.

RSVP to: michael.c.shafai@smithbarney.com

Registration Options



On-Line Registration - extra fee charged
(Must be 18 yrs or older)

Walk In (until 01/8/10 - 2:00pm)

Boulder Running Company
Colorado Running Company
Runners Roost

Mail In: (no later than 01/5/10)

The Pikes Peak Group c/o PPRR – John Gardner
121 S. Tejon St. Suite 700
Colorado Springs, CO 80903

Race Day and thereafter:

Individual staging areas noted.

Challenges & Awards

🏃 **AGE GROUP - MALE/FEMALE - BOTH SERIES:** Overall, 5 year increment, minimum of 3 deep, no duplications.

🏃 **OUR COUNTRY'S FINEST: ACTIVE POLICE, FIREFIGHTERS AND MILITARY FREE!**
Contact John Gardner: 719-338-8639 or john.n.gardner@smitbarney.com

🏃 **HIGH SCHOOL TEAM CHALLENGE**
Teams are Male or Female or Coed. Coaches are encouraged to participate.

🏃 **OPEN/CORPORATE TEAM CHALLENGE**
Teams are Male or Female or Coed

Team scoring criteria (male/female)

- ✓ Short Series Only
- ✓ Minimum of 4 runners per team
- ✓ Minimum of 3 finishers per team per event
- ✓ The scoring calculations are based on the first 3 finishers of each team

Team scoring criteria (coed)

- ✓ Short Series Only
- ✓ Minimum of 4 runners per team
- ✓ Minimum of 3 finishers per team per event
- ✓ Minimum of 1 female per team
- ✓ Minimum scored of 1 female per team
- ✓ Minimum of 1 male per team
- ✓ Minimum scored of 1 male per team

Team Challenge Questions? Contact:

Mike Shafai: 719-577-6324
michael.c.shafai@smithbarney.com

🏃 **ATHENA AND CLYDESDALE CHALLENGE**
Clydesdale (males over 190#)
Athena (females over 160#)

🏃 **SENIOR CHALLENGE: OVER 65 YRS YOUNG**

Start Times

Begin Race Day Registration: 08:45am
Begin Bib Pickup: 09:00am
Short Series: 10:00am
Long Series: 10:15am

Entry Fees

CHECKS PAYABLE TO Pikes Peak Road Runners (PPRR)

PPRR/SCR/YMCA

Four Race Series (Sock/Glass Combo) \$40.00
Four Race Series (Without Sock/Glass) \$20.00
Single Race (No Sock/Glass) \$6.00

Non-PPRR Member

Four Race Series (Sock/Glass Combo) \$60.00
Four Race Series (Without Sock/Glass) \$40.00
Single Race (Without Sock/Glass) \$10.00

High School Challenge

Four Race Series (Sock/Glass Combo) \$35.00
Four Race Series (Without Sock/Glass) \$20.00

Senior Challenge (65 yr. +)

Four Race Series (Sock/Glass Combo) \$35.00
Four Race Series (Without Sock/Glass) \$16.00
Single Race (Without Sock/Glass) \$5.00

Active Duty Police, Fire or Military

Four Race Series (Sock/Glass Combo) \$20.00
Four Race Series (Without Sock/Glass) FREE
Single Race (Without Sock/Glass) FREE

Tax Deductible Donation

Suggested and appreciated donation to help maintain El Paso County Parks. \$5.00

Questions? Confused? Ask the R.D.'s

Race Directors:

Race entry, giveaways & results

John Gardner (719) 338-8639
John.n.gardner@smitbarney.com

Courses, volunteers, and awards dinner

Mike Shafai (719) 577-6324
Michael.c.shafai@smithbarney.com

Entry/Waiver

I fully acknowledge reading and following the rules and regulations noted. I knowingly and at my own risk, and in consideration of my acceptance as a participant, hereby forever waive and release any and all claims for injuries or illness that I may incur as a direct or indirect result of my participation in the Winter Series against any of the following: Pikes Peak Road Runners, El Paso County Search & Rescue, El Paso County Regional Parks, El Paso County Department of Transportation, El Paso County Sheriff's Department, City of Colorado Springs Parks, Recreation and Cultural Service, El Pomar Youth Sports Center, School District #20, Colorado State Parks, Cheyenne Mountain State Park and any other group, sponsor or individual assisting or associated with this series. None of the above is responsible for the loss of any personal item(s). I authorize and consent to the use of my name and/or picture in television, newspaper, advertisement or other media. I understand and accept my own liability for my safety and health during the Winter Series 2010. If I forget to sign the waiver, it's not intentional, but it is signed in spirit.

Please " x " box, print and sign

- | | |
|--|-------------------------------------|
| <input type="checkbox"/> PPRR/SCR/YMCA | <input type="checkbox"/> Senior |
| <input type="checkbox"/> Non-Member | <input type="checkbox"/> Athena |
| <input type="checkbox"/> High School | <input type="checkbox"/> Clydesdale |
| <input type="checkbox"/> Police/Fire/Military-Free | |

PLEASE PRINT LEGIBLY

Name:	
Address:	
City, State, Zip:	
Evening Phone:	
Email:	
Age as of 01/09/10	M F
School/Team Name:	
Signature (parent/guardian if under 18yrs)	
sign→	date→ / /
Amount:	All 1 2 3 4

If registering for the sock combo, please circle one:

Men's: 7-9.5 / 10-12 / 12.5+

Women's: 5-8 / 8.5-10.5 / 11-13 / 13+

facebook **Become a Fan!** facebook

The Race Directors will provide course updates and notify runners about race cancellations via Facebook. Search under "Pikes Peak Road Runners Winter Series" and become a fan.