

Pony Express Trail Run
September 19, 2010

The temperature at setup time was low 50s, and warmed as the sun rose. Hot and dry for the entire event. The aspen were breathtaking. 141 runners took the challenge. We had an unexpected visit from Sue Miller, our USFS representative. She said that the Forest Service is very pleased with the manner in which we hold our events – specifically with this event, the parking along one side of Rampart Range Road...and that we clean up after ourselves. Again, we missed our Mr. Bill this year, but know that he was with us in spirit. Bill Bennett, Bethany Garner, David Redinger and Lacey Redinger were our water station 3 just inside the last gate before the dam. Larry Miller and Bill Ransom were Water Station 1 at about 4.7 miles, and they also marked X to some of the trails that were not to be used. Tom Dewane and John Garner were our photographers. Tom Dewane also set up an unmanned water station just as the trail hit the dam...at the boat dock area. Be sure to visit his slide show at www.pprun.org. Sara Lee, Lori Hawkins, Sandra Perkins, Joyce Paywa, Rachel Paywa, Tracey Anderson, Rachel Paywa, Marvin Wolgast and I worked the registration. John Gardner and David Redinger set up the results/finish line/food area. Sara Lee, Erin Tatum, Joyce Paywa, Rachel Paywa, Tracey Anderson and I worked the finish line handing out popsicle sticks, handing out food and handing out the commemorative horse shoes. Katie Thronsen and Jon Teisher were in charge of food. John Gardner was in charge of horseshoes, van/equipment and the chronomix equipment. Search and Rescue again were with us on this event. Thank you to everyone. It takes a bunch of volunteers...even to put on a low key event.

Awards were again the horseshoes, simple yet meaningful (thank you to Don Johnson/ Performance Awards) and received from the Flying W Ranch.

We had 80 sign up as new members or renew their membership. Thank you so much for your participation in our club.

Any questions concerning the race or results should be directed to Patricia Lockhart – pat.lockhart@q.com or John Gardner - john.n.gardner@morganstanleysmithbarney.com. I apologize for any mis-spellings.

<i>pl</i>	<i>Name</i>	<i>Age</i>	<i>Actual Time</i>	
1	Tommy Manning	34	1:41:25	
2	Patrick McGuire	28	1:45:38	
3	Jeff Turner	40	1:45:40	
4	Mike Hagen	48	1:49:18	
5	Thom Santa Maria	47	1:50:34	Happy Birthday!
6	Paul Sullivan	43	1:51:04	
7	Doug Ryden	34	1:54:22	
8	Adam Wade	33	1:56:56	
9	Harsha Nagaraj	36	1:58:24	
10	Dan Vega	42	2:00:19	
11	Jim Stanec	32	2:01:29	
12	Eddie Aispuro	33	2:01:50	
13	Amanda Ewing	29	2:01:58	

14	Martin Wesolowski	29	2:02:22	
15	Matt Laubhan	34	2:02:45	
16	Eva Hagen	42	2:04:23	
17	Ryan Gray	25	2:05:01	
18	Tim Parker	43	2:05:09	
19	James Kaminski	28	2:05:17	
20	Ezra Hurwitz		2:05:18	Turkey
21	Craig Dayberry	49	2:05:37	
22	Aaron Levinson	21	2:06:34	
23	Christoph Zurgher	33	2:07:02	
24	Dan Turner	51	2:07:41	
25	Don Solberg	41	2:07:57	
26	Jerry Jackson	50	2:08:50	
27	Matt Larsen	39	2:09:39	
28	Don Byers	54	2:09:45	
29	David Mulligan	49	2:10:32	
30	Roland Peterson	28	2:10:56	
31	Jeff Amoruso	36	2:11:44	
32	Paul Hartman	50	2:12:30	
33	John Gardner	51	2:12:33	
34	Shannon Meridith	39	2:12:39	
35	Pablo Najera	37	2:13:28	
36	David Outlaw	46	2:14:19	
37	Steve Johnson	27	2:15:02	
38	Doug Novy	43	2:16:00	
39	Missy Ross	43	2:16:09	
40	Ancel James	38	2:16:21	
41				
42	Ramsey Baker	39	2:17:50	
43	Gregory Collins	47	2:19:16	
44	Marshall Glenister	25	2:19:28	
45	Scott Wescott	35	2:19:56	
46	Steve Hitchcock	33	2:20:48	
47	Brian Ropp	47	2:21:10	
48	Josh Herman	29	2:21:46	
49	Dominick Damico	42	2:23:02	
50	Clarence Bradly	32	2:23:53	
51	Mike Hartley	41	2:24:45	
52	Tina Cassens	41	2:24:46	
53	Sharon Greenbaum	47	2:25:06	
54	Jeremy Joiner	36	2:25:46	
55	Kenneth Newton	25	2:25:52	
56	Bob Berta	48	2:26:27	
57	Scott Toman	46	2:27:14	
58	Pete Tonsits	48	2:27:44	
59	Ed Gorbea	42	2:27:57	
60	Laurie Ryan	53	2:28:11	
61	Pam Parker	45	2:28:40	
62	Julia Asire	20	2:29:09	
63	Carl Olson	48	2:29:27	

64	Darrel Weaver	64	2:29:53	
65	Jane Reaves	44	2:30:08	
66				
67	Kristi Lindquist	39	2:30:37	
68	Todd Norman	42	2:32:03	
69	Robert Corson	36	2:32:37	
70	Andrew Wilson	43	2:33:41	
71	Dean Whitman	52	2:34:00	
72	Mary Toman	47	2:34:12	
73	Ty Paywa	44	2:34:45	
74	Dawn Timlin	39	2:36:12	
75	Laurel Pedri	48	2:37:25	
76	Briana Ferguson	33	2:37:35	
77	Jim Newton	53	2:38:16	
78	Rebekka Hannula	47	2:38:47	
79	Fred Francis	56	2:38:57	
80	Gary Henry	47	2:39:52	
81	John Payne	37	2:40:12	
82	Jonathan Horacer	29	2:40:19	
83	Craig Esterlie	38	2:40:48	
84	Diane Cridennda		2:41:04	Turkey
85	Erik Oberg	39	2:41:22	
86	Heather Conley	24	2:41:16	
87	Kelly Henry	42	2:41:23	
88	Dean Daugherty	43	2:41:23	
89	Michael Olson	53	2:42:48	
90	Jay Ware	39	2:43:35	
91	Eric McNeil	49	2:44:08	
92	Pete Aronson	39	2:44:16	
93	Mitch Greenings	48	2:44:56	
94	Esme Delange	46	2:45:24	
95	Fred Faithful	38	2:45:37	
96	Roger Sajak	57	2:48:13	
97	Paul Reeck	34	2:48:27	
98	Cori Chapman	33	2:48:40	
99	Kate Raphael	53	2:48:59	
100	Jon Teisher	35	2:49:22	
101	Guy Kalm	36	2:49:44	
102	Randall Coan	44	2:50:54	
103	Matt Hopper	47	2:50:51	
104	Josh Gillen	40	2:50:54	
105	Pete Littlehat	35	2:51:11	
106	Stephanie Apache	36	2:51:12	
107	Molly Stevens	40	2:51:35	
108	Tammy Low	35	2:51:41	
109	Scott Mathis	39	2:53:02	
110	Joanne Davis	42	2:53:05	
111	Julie Berg	29	2:53:55	
112	Kelly Jackson	50	2:53:55	
113	Lori Hawkins	49	2:56:36	

114	Kari Taylor	33	2:56:36	
115	Brianne Pierson	31	2:57:58	
116	Kenn Lonquist	26	2:58:36	
117	J.D. McKenna	57	2:59:48	
118	John Mills	59	2:59:54	
119	Karen Brandonberg	41	3:00:02	
120	Cindy Beal	33	3:01:44	
121	Elisabeth Canuel	30	3:02:23	
122	Keith Lonquist	56	3:03:04	
123	Eric Rodda	49	3:06:22	
124	Tony Delange	52	3:07:15	
125	John Cassidy	45	3:07:49	
126	Lynne Hall	54	3:08:35	
127	Angela LaMarca	36	3:09:47	
128	Katjuscka Deblanc	33	3:12:53	
129	Carol Greening	49	3:14:31	
130	Carrie Garman	34	3:15:11	
131	Brad Wann	38	3:15:43	
132	Rita Cardin	40	3:18:20	
133	Shane Deichman	43	3:23:37	
134	Kristen Henry	20	3:26:05	
135	Steve Jennings	56	3:27:12	
136	Gary Guyot	43	3:31:37	
137	Jannie Richardson	56	3:34:57	
138	Curt Imrie	64	3:36:12	
139	Cosette Truscott	52	3:40:00	
140	Richard Edmond	48	4:12:40	
141	Charlie Snygg	70	4:57:47	Happy Birthday
			injured	
	Edgar Trillo		reserve	
			injured	
	Brian Meadows		reserve	
	Walker James		DNF	
	Angela Vesey		??	