

Dec '78

# PIKES PEAK ROAD RUNNERS

DECEMBER 1978

PRESIDENT  
Carl McDaniel  
598-4006

ISSUED MONTHLY

NEWSLETTER EDITOR  
Bob Royce  
598-9719  
6730 Duke Dr.



VOL. II, NO 11

## MEMBERSHIP RENEWAL

Now is the time to renew your PPRR membership for 1979. All current memberships expire on December 31. An individual membership entitles the member to the benefits of the club including reduced entry fees at club sponsored races, the monthly newsletter, and a club T-shirt. A family membership entitles reduced entry fees at club sponsored races for all family members, the monthly newsletter, and two club T-shirts (additional club T-shirts may be purchased). This year each member will also receive a membership card which will them to a 10% discount at several sporting goods and running equipment stores in the area. The student membership is no longer available. Annual dues for the individual membership are \$9.00, and for the family membership dues are \$15.00. Current members may renew their membership by sending their dues (and any name and address corrections) to the membership chairman: Jeff Campbell, 6362 Turret Drive, Colorado Springs, CO 80907. Please make checks payable to 'The Pikes Peak Road Runners'. Since annual dues are prorated, members who joined after July and paid the full dues may be entitled to a credit this year. If you have any questions, call Jeff at 599-7815.

## JANUARY GENERAL MEETING AND ELECTIONS

The Pikes Peak Road Runners will hold their annual elections for all offices at the general membership meeting which will be held on Wednesday, January 24, 1978, at 7:00PM in the multi-purpose room at the 'Y'. The continued success of our club depends upon strong volunteer leadership, so this is an important meeting.

As further enticement, we will have one our most interesting shows yet. Our resident adventure runner extraordinaire, Jay Longacre, will show slides of his trip and adventure run in Nepal last year. So come early and get a good seat.

## INCENTIVE PROGRAM

As promised last month, here are the details of the club incentive program to encourage volunteers to put on our races. A point system has been devised, with 100 points required to get a windbreaker (these are fine quality lined jackets with the club logo on them). Points are awarded for performing the following:

Race Director	25	points
Assistant Race Dir.	20	"
Race Helper (designated by Race Dir.)	10	"
Club Member	5	"
Exec. Comm. Member	50	"

To make things even easier for volunteers, we have put together a Race Director's Checklist, available from the club president or race coordinator. So take the new schedule, pick your races now, and contact any executive member to volunteer.

## ALL-COMERS TRACK MEET

We have again obtained the use of the indoor track and field facilities at the Air Force Academy Field House for our All-Comers Track Meet. It will be held on Saturday, March 31 from 9:00AM til 2:00PM. Current plans call for about the same events as last year, except for a 3-mile run instead of a 2-mile. As last year, there will be no entry fees. Volunteers are needed (you can arrange it so you can run in your favorite events also). To volunteer, or for more information, contact Jerry Donley at 635-1264.

## JANUARY RACES

The El Paso Search and Rescue Squad is staging a New Year's Welcome Race on Jan. 1 (sweat out all that bad stuff from the night before). Flyers should be out soon, so check at the sporting goods stores for more information.

Besides our usual handicap race on the first Saturday of the month, PPRR is sponsoring two short "Cold Weather Quickies", one on Jan. 13, the other on Jan. 27. Tom Zearth and Dave Williams will be directing these races, and need a couple more volunteers. Call Tom at 574-4976 to do so.

## NEW MEMBERS

We welcome the following new members who have recently joined PPRR:

James D. Brehm	Henry Jordan
Leslie Cannon	Aldo Lizzul
Thomas F. Dooley	Juanita L. Moore

## ODDS AND ENDS

Next executive committee meeting will be Jan. 9 at 7:00PM at the 'Y'.

Have a question about your feet (or knee, leg, etc.)? Dr. Travers is still willing to answer them thru the newsletter. Send your questions to the newsletter editor, and we'll get them and the answers in print.

## G I B by Tom Zearth

This is the first episode of a new column I'm planning to write for the PPRR Newsletter. Depending upon the response, I'll make any necessary adjustments. I'll try to write about items of general interest in the Colorado Springs running community, and with luck, maybe entertain you a little in the process.

After considering several names for this column, and discovering that most of the catchy ones were already claimed by other writers, I settled on this military term for the backseater in an airplane - the Guy In Back or GIB. The GIB is the person who arrives slightly later than the main man or pilot. It seemed particularly appropriate for me to write from that vantage point, since I seem to finish races "slightly" later than most club members. My intent is to provide a little humor, and maybe an editorial jab on occasion, from the viewpoint of the guy in back of the pack. Of course, I'm not alone at the back of the pack. Most of the runners in our races would qualify at one time or another, if not always.

Let me define the GIB constituency for you. GIBs run 10,000 meter races in 45 minutes or more - sometimes much more. People faster than that seldom make "slow" jokes - those that start "I'm so slow that ...". Frontrunners have all had frontal lobotomies and can't spell PAIN much less experience it. And you have to know pain personally to be a GIB. I've heard some GIBs describe ailments, usually right before the start of a race, that would fell an ox. These people, to hear them tell it, are planning to run with bad backs, bad ankles, insufficient sleep, headaches, colds, fevers, chills, upset stomachs, rheumatism, gout, and of course, haven't had a decent training run in at least six months. To start a race in that condition gives you some idea of the courage it takes to be a GIB.

Here's a quick and dirty way to identify a GIB. GIBs enter terribly long races they have no chance of winning, rationalize that they'll have fun and enjoy an outing with friends, then run in pain and alone most of the event, and finish just in time to watch some frontrunner finish the last of the body punch. And a real GIB will be back for next week's race!

Get the picture? I hope so, because that's all the room I have. If you want to make any comments for or about this column, feel free to accost me (gently). If you want to criticize or rebut anything I write, why don't you put it in writing and send it to Bob Royle for the newsletter? It may liven up our newsletter, and give me a topic for the next column.

TURKEY PREDICT (5K) - MONUMENT VALLEY PARK - NOVEMBER 18, 1978

A fun run for the 33 runners who showed up on this cool but beautiful Saturday morning. Dick Bradbury (The Human Clock) predicted 18:00 and ran 18:00 to insure that he'd be eating turkey come Thanksgiving. Marty Zahn ran 7 seconds off pace and ran off with the second turkey. The third turkey was raffled off to lucky finisher #23 - Kathy Volz. The worst "predictors" were awarded cornish game hens as consolation prizes. Special thanks to David and Linda Blue, Tom Zebarth, Amy Mackey, Joe Mandril, Laura Brumage, Terry Leeper, and all who helped with the race.

Results:		Time	Pace	"Off"	Age Group/Place
1	Jim Sackett	17:29	5:37	-:59	M10-29 1
2	Martin Miller	17:42	5:41	-:18	M10-29 2
3	Chuck Hosking	17:59	5:47	-1:14	M30-39 1
4	Dick Bradbury	18:00	5:47	"0"	M10-29 3
5	Dave Williams	18:19	5:53	-:49	M30-39 2
6	Bob McAndrews	18:43	6:01	-:33	M30-39 3
7	Gary Grubb	18:58	6:06	-1:13	M10-29 4
8	Stuart Purnell	19:11	6:10	-1:11	M10-29 5
9	Harold Jones	19:45	6:21	-:45	M30-39 4
10	Gene McKerlie	19:46	6:21	-:17	M30-39 5
11	Dave Blue	19:56	6:24	-1:26	M10-29 6
12	Tom Knapp	20:39	6:38	-1:49	M10-29 7
13	John Morrison	20:42	6:39	+1:18	M30-39 6
14	Bob Royce	20:43	6:40	-:18	M30-39 7
15	Alex Argon	21:09	6:48	-1:09	M10-29 8
16	John Porter	21:17	6:51	-1:17	M10-29 9
17	Jim Brumage	21:29	6:54	-:24	M30-39 8
18	Liz Manes	21:50	7:01	+1:10	W10-29 1
19	Ned Schoeck	22:04	7:06	+1:41	M30-39 9
20	Vic Costello	22:59	7:23	-1:59	M10-29 10
21	Craig Schafer	23:07	7:26	-1:46	M40+ 1
22	Mike McLean	24:04	7:44	-1:04	M10-29 11
23	Kathy Volz	24:15	7:48	+1:15	W10-29 2
24T	Jim Greenwood	24:37	7:55	+1:08	M30-39 10T
24T	John Whitney	24:37	7:55	+1:07	M30-39 10T
26	John Hoffman	24:40	7:56	+1:20	M40+ 2
27	Greg Gartland	24:42	7:57	+2:02	M30-39 12
28	Norman Schrock	25:50	8:18	-:50	M40+ 3
29	Marty Zahn	26:37	8:34	-:07	M30-39 13
30	Pam Jones	28:04	9:02	-:34	W30-39 1
31	Art McLean	30:28	9:48	-2:28	M40+ 4
32	Rita Leeper	31:40	10:11	-1:52	W30-39 2
33	Betty McLean	33:50	10:53	-5:50	W40+ 1

DECEMBER HANDICAP RACE - MONUMENT VALLEY - 2 MILES - 12/02/78

Race conditions were near perfect(?) with a good snow cover hiding the rocks in the path, light snow falling thru the mild(?) 20-30mph breeze out of the north. The temperature (without taking into account the wind) was 5 degrees (Fahrenheit, not Celsius). I can't understand why more runners didn't join the fun!

1. Margaret Gates	15:25	+48	5. Don McCoy	15:41	+1:49
2. Bob McConkey	12:30	+50	6. Chuck Hosking	12:12	+1:51
3. John Hoffman	15:40	+55	7. Ev Brinson	14:07	+2:02
4. Sharron Foster	14:09	+1:46	8. Carl McDaniel		DNF*

\* Carl started the race, but had to go to the pits when he blew his engine.

PIKES PEAK ROAD RUNNERS  
P.O. Box 1694  
Colorado Springs, CO  
80901



CRAIG T. SCHAFER  
1724 BATES DR.  
COLORADO SPRINGS, CO 80909

Non-Profit Organization  
U. S. Postage  
PAID  
Colorado Springs, CO.  
Permit No. 608